



## **AISH REQUIREMENTS FOR SCHOOL, INSTRUCTOR & EXAMINER APPROVAL**

**Association for Integrative & Spiritual Hypnotherapists**

**–Rev 11/8/25**

### **1. AISH Approved School — Minimum Requirements**

To be recognized as an AISH Approved Educational Provider, a school must:

1. Meet instructor qualifications established by AISH (see below).
2. Hold authorization or appropriate recognition from its state, regional, or national regulatory authority, where applicable, and provide documentation of that status.
3. Submit a full core curriculum outline for AISH review and approval prior to endorsement.
4. Curriculum must focus primarily on hypnotherapy and its integrative applications, including ethical practice, emotional safety, and appropriate scope-of-practice.
5. (Related modalities may be included provided they are clearly distinguished and ethically framed — not misrepresented as medical or diagnostic training.)

### **2. AISH Approved Instructor — Minimum Requirements**

Individuals applying for instructor recognition with AISH must demonstrate:

6. Completion of at least 300 hours of formal hypnotherapy training, with a minimum of 30% delivered live (in-person or via Zoom/Webex-style platforms).
7. Minimum 3 years of active client experience offering hypnotherapy services to the public, with documentation to verify professional practice.
8. Current certification or eligibility for certification through AISH.
9. Submission of supporting credentials, including training certificates and relevant experience documentation.

### **3. AISH Approved Certification Examiner**

Certification assessments may only be conducted by an AISH Designated Examiner, who must:

10. Already be approved as an AISH Lead Instructor or School Operator,
11. Be in good standing with AISH ethics and professional guidelines,
12. Demonstrate the ability to objectively evaluate practical skills, professional responsibility, and readiness for client work.

### **4. Content Classification & Ethical Guidelines**

AISH recognizes that spiritual insight, transpersonal exploration, and integrative approaches are central to many effective hypnotherapy traditions.

Schools are welcome to include such content with integrity, provided they:

13. Accurately label all spiritually or metaphysically oriented material as distinct from foundational hypnotherapy training
14. Ensure students understand the difference between client support and clinical diagnosis/treatment
15. Uphold scope-of-practice, safety, and non-medical claims at all times
16. AISH does not prohibit metaphysical or spiritual topics. We only require they be presented with clarity, accuracy, and ethical transparency.

### **5. Required Documentation for School Application**

Schools applying for AISH approval must submit:

17. Formal written request for evaluation
18. School catalog
19. Class schedule with breakdown of instructional hours
20. Proof of legal or educational authorization (if state/nationally regulated)
21. List of instructors with credentials and bios for core courses
22. Detailed outline of each course offered
23. Full syllabus or structured curriculum plan
24. Confirmation that all core instructors and examiners meet AISH instructor standards

If you are uncertain whether a specific course or specialization falls within AISH-approved scope, please contact us before submitting — we are here to support clarity, not create barriers.